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**Book of Colossians**

**Chapter Two**



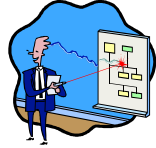
**Study One: Lesson One (2.1.1.)**

*Overcoming Mixed Messages*

Spend an hour or so with your favorite media...be it TV, radio, magazines, or the Internet, and you will receive hundreds of messages (some subliminal) on how to live your life. Document some of them in the chart below:

*Media Type:* TV \_\_\_\_ Internet \_\_\_\_ Radio \_\_\_\_ Magazine \_\_\_\_

*Date & Time:* \_\_\_\_\_

<i>Media Topic</i>	<i>Messages:</i>
 <p>Concerning what you eat:</p>	
 <p>Concerning your finances:</p>	
 <p>Concerning beauty:</p>	
 <p>Concerning celebrities and spokespeople:</p>	
 <p>Concerning "negative" news &amp; projections:</p>	